

# THE LINK

A NEWSLETTER LINKING THE BAYSWATER NORTH PRIMARY SCHOOL COMMUNITY

# From the Principal's Desk

With Sam away on leave, I get the pleasure of writing the Principal's Report for this week. As we approach the final few weeks of term 2, the pace is certainly not slowing down at BNPS! Teachers have been busy finalising assessment and reporting with their students, ready for midyear reports to be released at the end of week 10 with Parent Teacher interviews to be held in week 11. Please keep your eye on compass over the coming weeks for further information.

#### Sickness

As we move into the colder months of the year, colds and flu as well as some other illness, seem to be running rife through the school community. Please make sure that everyone is looking after themselves and taking the time to get better. Whilst it is important for your child to attend school each day, if they are unwell, please enter this in compass for the teacher to see and keep them home.

#### Kinder Kitchen Garden sessions

On Monday 2<sup>nd</sup> June, we held two sessions for kinder children to experience our Kitchen Garden program. After the 5/6 student's harvested marigold seeds in the week prior, the kinder students had the opportunity to plant some in our school garden, where next year, they will have the opportunity to see how they have grown! They also planted a pea seed to take home. The chickens seemed to be a highlight for the kinder children as they walked around the wicking beds to see how the garden had been set up and was growing. A big thank you to Narelle Cox for the planning and running of these two sessions.

#### **Swimming week**

Next week, commencing Monday 16th June, students will participate in our whole school swimming and water safety program. Further information can be found further in the Link in the term 2 Sport Report and on Compass. If you require further information, please contact your child's classroom teacher.

#### Wellbeing at BNPS

Finally, in previous LINK Principal Reports, you have had the opportunity to learn a little more about what we as a school are currently doing in regard to our Instructional Model and Reading Comprehension to best support your child's learning.

This time, as the Wellbeing Leader, I wanted to talk about our whole school wellbeing approach. Each week, students undertake 2x1 hour sessions of wellbeing where they are explicitly taught skills to help us in our everyday life to be able to function at our best both in the health sense as well as academically. This term, in line with our two year scope and sequence, the focus has been on 'Positive Emotions'.

Students across all year levels have learnt the difference between comfortable and uncomfortable emotions and why there is no wrong emotion. They have also explored the links between their emotions and behaviour. To support students further, lessons have also focussed on building a 'toolkit' of positive coping strategies in which to draw on to help when needed.

The whole school play days of 'Wherever Wednesday' and what I like to refer to as 'Friday Frenzy' also continue to be a success, with students continuing to build important friendship and social skills both in line with our Friendology strategies and values of 'Connection – Respect – Perseverance'.

#### **Katie Riley**

## Calendar

Friday June 13 2025 Volume 35 Number 9

## June

Friday 13th

Gr 5/6 Winter Sport The Link

## Monday 16th

Swimming Program (all week)

# Friday 20th

Gr 5/6 Winter Sport

# Friday 26th

Assembly

## July

# Wednesday 2nd

Year 5/6 Puberty & Reproduction Education

## Thursday 3rd

Year 5/6 Puberty & Reproduction
Education

# Friday 4th

Last Day of Term 2 (2.30pm Dismissal)

# Monday 21st First Day of Term 3

# **Upcoming Events**



Please see the Compass Portal for more information. Consent and payment may be required for some events.

#### **MONDAY 16TH JUNE:**

SWIMMING PROGRAM

This year's Swimming Program
will be held at Aquanation in Ringwood. Students will
need to come to school with bathers, a towel and a clearly
labelled bag for their belongings.
The times for each session can be found listed below:

1	9.45	10.30	45-50	5/6C and 5/6B	
2	10.30	11.15	45-50	5/6A and 3/4C	
3	11.15	12.00	45-50	3/4B and 3/4A	
4	12.00	12.45	45-50	1/2C and 1/2B	
5	12,45	1.30	45-50	1/2A and PA	

#### **FRIDAY 20TH JUNE:**

5/6 WINTER SPORT PROGRAM
In round 4 The 5/6 students will
be competing against Ringwood Heights PS.

#### **WEDNESDAY 2ND & THURSDAY 3RD JULY:**

**PUBERTY EDUCATION** 

Life Education Victoria will be working with the class teachers in facilitating the 'Talk About It: Welcome to Puberty' personal development program for our year 5/6 students.

MORE INFORMATION
Contact us on 03 9729 1744
or check our website
www.bayswaternorth.vic.edu.au

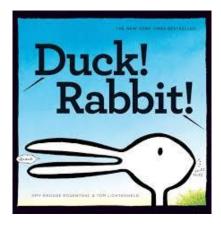
# **Junior School News**

As we reach the end of Week 8 we want to say a big congratulations to all our students for completing their assessments over the past couple of weeks. It has been a massive two weeks, but their dedication and effort was wonderful to see!

#### **English**

In writing, the Preps have been continuing to do their weekend writing recounts and enjoyed writing about their favourite part of The Truck Cat which was the national simultaneous storytime book. They have been working hard to remember to start their sentence with a capital letter, leave a finger space between words and finish with a full stop. The 1/2s have been learning more about nouns, verbs, adverbs and adjectives in our story writing and how we can use these to add more detail.

They have also been exploring persuasive writing, using phrases such as 'I believe', 'I think' or 'In my opinion...'
Students have been encouraged to support their opinions with clear reasons, helping them to structure their arguments effectively. We have been exploring questions like is this a duck or a rabbit? There are lots of different answers and reasons to this question.



In reading, we continued with our skill of visualisation with the wordless book 'Good Dog, Carl'. Students enjoyed being shown a book that had no sentences. We had to think about the story just by using the pictures and then visualise what might happen next. It was a great way to build our comprehension skills and encourage creative thinking.

#### **Numeracy**

In maths, the 1/2s have been completing a lot of assessments leading up to reporting. Last Friday to celebrate the end of assessments, we played a maths game called 'Doubles and Halves'. Students had to roll a dice, deciding if they would double or halve the number, trying to reach their chosen target. A great game you could play with your child at home.

Following this, we have now begun exploring the concept of multiplication. Students are learning how to represent multiplication as repeated addition, grouping by rows and columns to form arrays and skip counting.

#### Wellbeing

The Preps have had their first introduction to The Galaxy Guide to Running My Rocket. This involves five planets - Planet Sigh, Planet Zing, Planet Fizz, Planet Pause and Planet Crash. A journey through emotions and space.

The Preps also had a Buddy session involving them reading to their buddies and then their buddies taking them to the library to share a couple of their favourite picture story books.





We also want to say a massive well done to our two superstars, Raiden and Holly, who bravely spoke at our school assembly last week. To learn more about reconciliation week the junior school explored Indigenous artwork and were inspired to create their own using items found outside. The art pieces represented their family or an activity they like to do with their family. Raiden and Holly shared the artwork they created and read out a speech about their learning.



## **Swimming**

Next week our students will be attending swimming lessons each day, Monday through to Friday. Students need to come to school wearing their bathers underneath their school uniform (girls a two piece if possible). This makes it quick and easy when we get to the pool. Please bring a towel, spare underwear and a plastic bag to put your wet bathers in.

# **Grade 3/4 News**

In literacy, we have been exploring *How to Wash a Woolly Mammoth* as a mentor text to guide our writing of procedural texts. The students have enjoyed this imaginative and humorous book, which has inspired them to write clear and detailed instructions, honing their ability to sequence steps and use precise language.







Mathematics lessons have focused on identifying and classifying 2D and 3D shapes. Students have been discovering the properties of these shapes and discussing their usefulness in everyday objects, deepening their understanding of geometry in the real world. Additionally, we have introduced concepts in data and statistics, where students are learning how to collect data through surveys and observations, then analyse and interpret the results. This hands-on approach is helping students develop critical thinking and problem-solving skills.





We have also been fortunate to welcome student teachers this term, who have been actively delivering lessons and contributing to our vibrant classroom environments. Their enthusiasm and fresh ideas have been a wonderful addition to our learning community.

Integrated Studies we have been learning the difference between weather and climate and exploring the world's climate zones. Weather is what happens day-to-day (rain, sunshine, etc.) whereas climate is the long-term average of weather in a place over many years. We also explored the three main climate zones. Tropical (hot and rainy), Temperate (four seasons, like most of Melbourne!) and Polar (cold and icy).

Outside the classroom, it's been fantastic to see the students' enthusiasm in 3/4 sport. Participation in these activities is not only building their physical abilities and skills but also promoting teamwork and resilience.













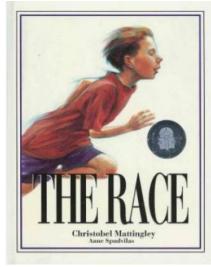


A lovely way to end the week—harvesting fresh spinach from the garden and baking it into delicious banana and spinach muffins. Schoolgrown goodness at its best! Yummo!

# **Grade 5/6 News**

## Literacy

5/6 students have been enjoying Reading learning the last couple of weeks using picture storybook mentor texts. They revised the reading strategy of inferring through the stories 'The Race' by Christobel Mattingley and 'The Treasure Box' by Margaret Wild.





In Writing 5/6s are focussing on information reports. To tie in with our current Integrated Studies unit 'Our Solar System' students have selected a planet from our solar system to research and write an information report about - watch this space for some great reports soon!

#### Maths

We have been revising all things addition and subtraction in Maths during the last couple of weeks. Students have been putting in a great effort

## **Integrated Studies**

It's all about our solar system in Integrated Studies at the moment. Orbits, terrestrial planets, jovian planets, hydrogen, helium, gas giants, ice giants and more - so much to learn and get excited about! It has been a popular topic of study so far.



## **Buddies**

On Wednesday Year 6 and Prep students got together for a buddies session. They visited the library and had a lovely time reading to each other.



# 5/6 Interschool Sport

The last three Fridays our 5/6 students have taken part in winter interschool sport. Sports include soccer, softball, netball, AFL 9s, volleyball and hot shots tennis. There have been some great wins but best of all a wonderful display of sportsmanship by all BNPS students. They have been great representatives for our school. Go Baysie North!!







Best wishes,

The 5/6 team.

# **Term 2 Sport Report**

It's been an action-packed term for sport here at BNPS. Our students have had some wonderful opportunities to compete and learn new skills. Here's a look at some of the sporting highlights this term:

#### **House Cross Country**

What a great day it was for our annual House Cross Country! With 14 races held throughout the day, it was fantastic to see all students giving their best and supporting their houses. Congratulations to **Red House**, who took out the overall win. We are so proud of the effort and sportsmanship shown by all our runners!

#### **District Cross Country**

Our BNPS cross country team competed in the **Warrandyte South District** event at Quambee Reserve. The team did an amazing job, finishing **3rd overall**—our best result since 2016! A big congratulations to the **13 students** who qualified for the Maroondah Division Carnival. Special shoutout to **Logan A**, who will now represent BNPS at **Regionals**—best of luck!

#### Interschool Sport - Winter Season

Our Grade 5/6 students have completed two rounds of the Senior Winter Interschool Sport season. So far, our **Netball Open** and **Volleybounce** teams are **undefeated**—what an achievement! A big well done to all our teams and a huge thank you to the coaches for their support and guidance.

#### **Whole School Swimming Program**

Starting **next week (Week 9)**, all students will participate in our **Swimming and Water Safety Program** at Aquanation in Ringwood. This program is a fantastic opportunity for students to build confidence in the water and develop vital swimming and safety skills. We're so proud of all our students for their dedication, teamwork, and enthusiasm in sport this term. Go BNPS!

#### Scott Hannah Physical Education

# **Chaplain's Spot**









There many different aspects to our wellbeing in life. When I researched Google Images, there was a huge variety of ideas, including some from schools. If I asked you what gives you a sense of wellbeing, what would you reply? By the way, I'd love to hear from anyone who would like to share their response with me – why not send me an email?

In Australia, a significant portion of the population experiences mental health challenges. Over two in five Australians (42.9% or 8.5 million people) aged 16-85 have experienced a mental disorder at some point in their lives, and approximately one in five (21.5% or 4.3 million) had a 12-month mental disorder, according to the Australian Bureau of Statistics.

Many agencies are available to support the wellbeing of our community. Examples include:

- **Lifeline:** 24/7 crisis support and suicide prevention services.
- Beyond Blue: Aims to reduce the stigma around mental illness and provide information and support for anxiety and depression.
- SANE Australia: Supports people living with mental illness, their families, and carers.
- Headspace: Provides mental health and wellbeing support for young people 12-25.
- MensLine Australia: Offers mental health support for Australian men.
- Black Dog Institute: Provides resources and information on depression and anxiety.
- Kids Helpline: Offers support for children and young people.
- ReachOut: Provides digital mental health support.

For me, my sense of wellbeing comes firstly from my faith. This sustains me throughout my life. Time with my family, especially our grandchildren, certainly fills my bucket, as we share fun, and loving times together. Music is a large part of my life. There is music for every situation, whether classical, rock and roll, spiritual, mindful or fun kid songs.

I really enjoy puzzles, such as crosswords [including cryptic, which my wife Bonnie doesn't enjoy], sudokus and a variety of others found in monthly magazines.

The last factor in my wellbeing is perhaps easier for me to find than those who are busy parents – time out. This is a tremendously positive way to maintain wellbeing. It is also a challenge to find the time in a busy family life, whereas, as a grandparent I have more available time to recharge my batteries, and refresh my mental state.

Whatever works best for you ... go with that. Everyone is unique, and we all need to find the best choices to make our lives fulfilled.

**Community wellbeing:** Each week, we run a Breakfast Club program before school in the Canteen. This is open to all students. We also have available second-hand uniforms in good condition for sale, for gold coin donations. There are also about 12 school bags available. Come and check out our stock.

We have some food items available from Foodbank. These include cereal, tinned fruit, lunch snacks, tinned baked beans and spaghetti, plus Colgate toothbrush and toothpaste. Feel free to visit us at Breakie Club if you would like some of these, or you can email me or see me on Wednesdays or Thursdays.

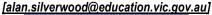
**Roster:** If you would like to help regularly, or just occasionally on our team, please let me know. We would be rapt to welcome any new team members. We have lots of fun as we serve our students in this practical way.

**Extra support:** If there is ever a major emergency in your family, please contact your child's teacher, our office staff or me, so we can provide appropriate support.



Contact: If you need to contact me, you can email, phone, or see me on my days at school.

Alan Silverwood: Chaplain - Pastoral care for our community. [Wednesday & Thursday]





Supporting the School community in emotional, social, spiritual and practical wellbeing.



# **Community News**



## **FOSTER CARERS NEEDED**

If you have thought about foster care, please get in touch and ask the questions you have always wanted to.

Ring: Key Assets 1800 932 237 or 1800 WE CARE

Email: info@keyassets.com.au

Web: canifoster.com.au or keyassets.com.au

